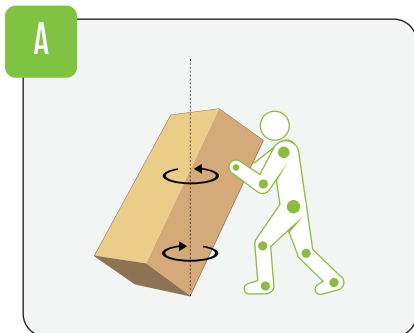


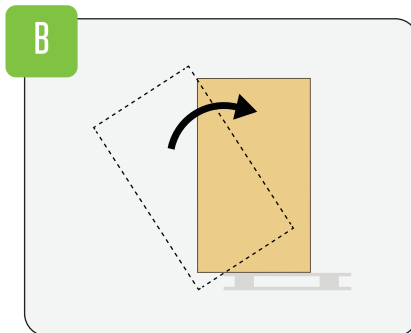


When moving tall loads

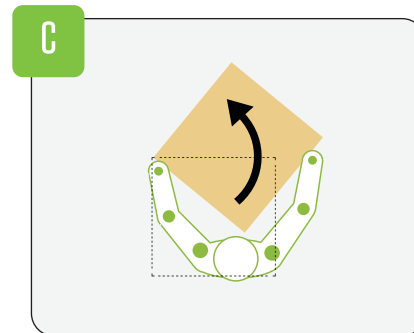
When moving tall heavy loads it is important to use correct lifting techniques. Here you will find good advice on how to best handle tall heavy loads.



Tip, edge and twist the load in slight movements.



Tip the load onto the edge of the pallet.



Twist the load onto the pallet.



Tip, edge and twist the load upwards until one corner is supported by the pallet.



Let your feet follow the movements of the load to avoid twisting your back.



Tip, edge and twist the load into place.

Technical aids



An electronic catalogue of technical aids.

www.teknisk-udstyr.dk

Remember!

- ▶ Avoid lifting heavy and unhandy loads.
- ▶ Get a good hold.
- ▶ Tip, edge and twist the load into place.
- ▶ Use slight movements when tipping, edging and twisting.
- ▶ Moving loads is easier on a flat and even surface.