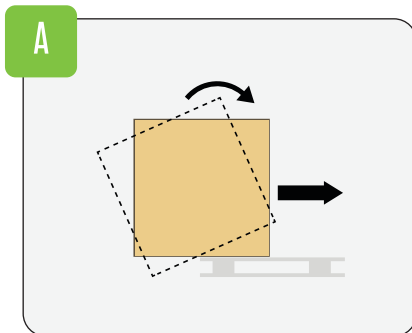


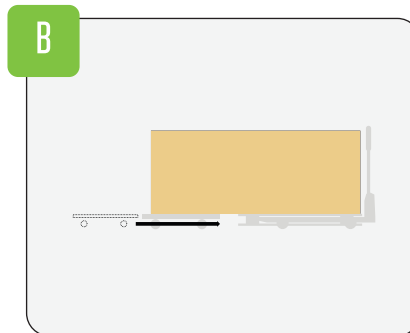


## When moving long and heavy loads

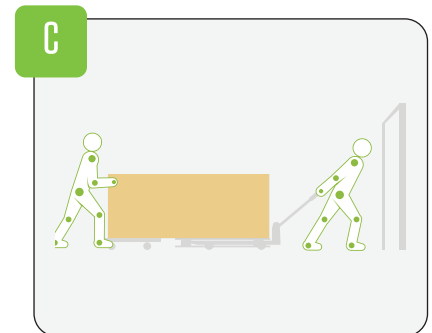
Sometimes you must use not only your experience but also various aids to carry out a transport task. As an example, safe handling of long and heavy loads can be difficult in cramped spaces. Here you will find good advice on how to best use a pallet truck and dolly.



Let the freezer rest on the pallet. Tip it onto the pallet and push and pull it into place.



Place a dolly under the part of the freezer that is not resting on the pallet.



One employee pulls the pallet truck while another pushes, supports and guides the load.



Tip the freezer onto one edge.



Place a pallet under the freezer.



Always agree who is in charge of lifting, pulling and pushing.

### Technical aids



An electronic catalogue of technical aids.

[www.teknisk-udstyr.dk](http://www.teknisk-udstyr.dk)

### Remember!

- ▶ Use technical aids for lifting long and heavy loads.
- ▶ Agree in advance who is in charge of the lift.
- ▶ Use pallet truck and dolly on a stable and even surface.
- ▶ Avoid lifting – tip, edge, pull and push the load into place.
- ▶ Use your experience to think of a safe and appropriate solution.